

Infant Development Association of California
Southern California Regional Conference
**Intervention and Beyond:
Building Foundations for the Future**



and



KEYNOTE: Saturday, March 24, 2018

Behavior is the Tip of the Iceberg: Shifting Our Perception of Young Children's Challenging Behaviors

This session will present a "developmental iceberg" model that describes why challenging behaviors (what we can readily observe in a child) is only the tip of the iceberg, with the causes and triggers often invisible. These invisible causes and triggers are essential to providing the correct supports and provide crucial pathways to bolstering psychological resilience while protecting and nurturing children's relationships with their caregivers. Through videotaped examples, participants will learn why it's important to look beyond surface behaviors while understanding each child's individual differences. Participants will learn how to address underlying causality in order to provide optimal support to children/families who are struggling.

Keynote Speaker: Mona Delahooke, PhD, Profectum Foundation

Bio:

Mona M. Delahooke, Ph.D. is a clinical child psychologist with a passion for supporting families and children. She has worked widely with multi-disciplinary teams in the area of developmental and emotional differences for over 30 years. She is a senior faculty member of the Profectum Foundation and is a trainer and consultant to schools, public/private agencies and parents. Her [blog](#) and new book, [*Social and Emotional Development in Early Intervention*](#) explore the latest translational application of neuroscience to social and emotional development.