

# Guidance for Cleaning and Disinfecting

## Protect Against COVID-19

*These guidelines have been adapted from the CDC.gov childcare guidelines.*

### General Guidelines

**Properly cleaning and disinfecting surfaces and objects can help safely and effectively reduce the spread of disease.**

- Routinely clean and disinfect frequently touched surfaces. Use sanitizing wipes supplied to do this.
- Always wear gloves and other personal protective equipment (PPE) appropriate for the chemicals being used.
- Cleaning and disinfection products should not be **used by or near clients**.
- Make sure that there is adequate ventilation (air flow) when using chemical products to prevent yourself or others from inhaling toxic vapors (*don't clean with the doors closed*)

**Step 1:** Wear disposable gloves, aprons, and masks, where appropriate, which should be changed and disposed of between cleans.

**Step 2:** Follow the directions on the label carefully.

**Step 3:** Wipe down surfaces with disinfecting wipes between visits.

**Step 4:** Follow the contact time shown on the label.

**Step 5:** Throw away gloves after cleaning and disinfection. Wash your hands with soap and water for at least 20 seconds.

**Step 6:** Store chemicals in a secure location away from clients' reach and sight.

**Final Step** after ALL visits is concluded for the day – **Spray disinfecting spray (such as Lysol) over all carpet areas. Close door as you leave playroom.**

### Where Should I Clean and Disinfect?

**In between each visit, clean and disinfect the following:**

- Door handles and knobs
- Tables, Desks, and chairs
- Play activity centers
- Mats
- Shared computer keyboards and mouse
- Trash bins

- Light switches
- Countertops
- Changing tables
- Other shared learning materials or objects touch in the room

### **Clean and Sanitize Toys**

**For each visit have a bag/box of toys designated for each individual client**

- Toys that cannot be cleaned and sanitized **should not be used.**
- Toys that clients use during their visit should be set aside until they are cleaned and sanitized. You can clean with water and detergent, rinse, sanitize with an EPA-registered disinfectant, rinse again, and air-dry or you can spray with a bleach solution and let air dry. (Please don't spray bleach on carpeted surfaces.) You may also clean in a mechanical dishwasher. Be mindful of items more likely to be placed in a child's mouth, like play food, dishes, and utensils.
- Machine washable cloth toys should be used by one individual at a time or should not be used at all. These toys should be laundered before being used by another child.
- Children's books, like other paper-based materials such as mail or envelopes, are not considered a high risk for transmission and do not need additional cleaning or disinfection procedures.