Guidance for Cleaning and Disinfecting

Protect Against COVID-19

These guidelines have been adapted from the CDC.gov childcare guidelines.

General Guidelines

Properly cleaning and disinfecting surfaces and objects can help safely and effectively reduce the spread of disease.

- Routinely clean and disinfect frequently touched surfaces. Use sanitizing wipes supplied to do this.
- Always wear gloves and other personal protective equipment (PPE) appropriate for the chemicals being used.
- Cleaning and disinfection products should not be used by or near clients.
- Make sure that there is adequate ventilation (air flow) when using chemical products to prevent yourself or others from inhaling toxic vapors (don’t clean with the doors closed)

Step 1: Wear disposable gloves, aprons, and masks, where appropriate, which should be changed and disposed of between cleans.
Step 2: Follow the directions on the label carefully.
Step 3: Wipe down surfaces with disinfecting wipes between visits.
Step 4: Follow the contact time shown on the label.
Step 5: Throw away gloves after cleaning and disinfection. Wash your hands with soap and water for at least 20 seconds.

Step 6: Store chemicals in a secure location away from clients’ reach and sight.

Final Step after ALL visits is concluded for the day – Spray disinfecting spray (such as Lysol) over all carpet areas. Close door as you leave playroom.

Where Should I Clean and Disinfect?

In between each visit, clean and disinfect the following:

- Door handles and knobs
- Tables, Desks, and chairs
- Play activity centers
- Mats
- Shared computer keyboards and mouse
- Trash bins
- Light switches
- Countertops
- Changing tables
- Other shared learning materials or objects touch in the room

**Clean and Sanitize Toys**

For each visit have a **bag/box of toys designated for each individual client**

- Toys that cannot be cleaned and sanitized **should not be used**.
- Toys that clients use during their visit should be set aside until they are cleaned and sanitized. You can clean with water and detergent, rinse, sanitize with an EPA-registered disinfectant, rinse again, and air-dry or you can spray with a bleach solution and let air dry. (Please don’t spray bleach on carpeted surfaces.) You may also clean in a mechanical dishwasher. Be mindful of items more likely to be placed in a child’s mouth, like play food, dishes, and utensils.
- Machine washable cloth toys should be used by one individual at a time or should not be used at all. These toys should be **laundered** before being used by another child.
- Children’s books, like other paper-based materials such as mail or envelopes, are not considered a high risk for transmission and do not need additional cleaning or disinfection procedures.