

Infant Development Association of California
Northern California Regional Conference

CONNECTING THROUGH OUR STORIES



KEYNOTE: Friday, September 7, 2018

Building Cultural Understanding Through Story

Issues of culture are a significant part of our identity, our parenting practices, and family rituals, yet as a society we struggle in the naming of this salient issue of humanity. Attendees will gain insight regarding the multiple factors that influence both the implicit and explicit nature of their unique culture. Through the use of story, we will learn together, how oral history can serve as a tool to build cultural understanding.

Learning Objectives:

- Apply strategies to examine at a deeper level the various aspects of cultures that define them
- Describe how family stories can provide a window into the unique elements of family culture
- Discuss issues of diversity, culture, and inequity from a lens of curiosity

Keynote Speaker: Barbara Stroud, PhD, CalAIMH Inaugural President; Academy of ZERO TO THREE Fellows; IFECMH Endorsement- Reflective Facilitator Mentor Level; CHANGING THE WORLD - ONE RELATIONSHIP AT A TIME

Bio:

Barbara Stroud, PhD, is a licensed psychologist with over three decades worth of culturally informed clinical practice in early childhood development and mental health. She is a founding organizer and inaugural president of the California Association for Infant Mental Health, a member of the Academy of ZERO TO THREE Fellows and holds prestigious endorsements such as an Infant and Family Mental Health Specialist/Reflective Practice Facilitator Mentor. April of 2018 Dr. Stroud was honored with the Bruce D. Perry Spirit of the Child Award. Embedded in all of her trainings, clinical service models, and consultations are the practices of reflective facilitation and sensitivity to cultural uniqueness. Dr. Stroud's book *"How to Measure a Relationship"* [published 2012] is improving infant mental health practices around the globe and is now available in Spanish. Her newest text, an Amazon best seller *"Intentional Living: finding the inner peace to create successful relationships"* walks the reader through a deeper understanding of how their brain influences relationships. Both volumes are currently available on Amazon. Additionally, Dr. Stroud is a contributing author to the text *"Infant and early childhood mental health: Core concepts and clinical practice"* edited by Kristie Brandt, Bruce Perry, Steve Seligman, & Ed Tronick.

Presently, Dr. Stroud is among the distinguished faculty of the UC Davis Extension, Napa Infant-Parent Mental Health Fellowship. Dr. Stroud is particularly passionate about the unique needs of children of color in the mental health and foster care systems. She has an impressive history of working across infant and early childhood systems to infuse reflective and culturally mindful services from a developmental perspective while holding the healing influence of relationships at the core. Dr. Stroud travels to various locations for trainings and consultations, but is located in California's Bay Area.