



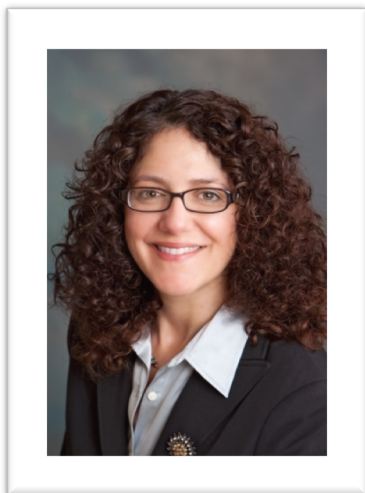
The Infant Development Association Statewide Conference 2019
September 13-14, 2019 • Holiday Inn San Jose-Silicon Valley
Trauma Informed Practices...
DATE: Saturday, September 14, 2019

...A Spotlight on Relationships and Environment Strategies that Support Healing and Build Resilience in Young Children

As a follow up to the keynote, this workshop will go deeper in understanding how to support healing and build resilience in our youngest children impacted by trauma. A spotlight on 5 key strategies will be provided. Healing through **relationships** and a safe, predictable **environments, sensory and emotional literacy and self-regulation**. Participants will walk away with concrete strategies to use in their setting to support children with challenging behaviors or histories of trauma.

At the end of the workshop, childcare providers attending are expected to:

1. Learn about strategies that support all children.
2. Learn about the neurobiology of trauma.
3. Learn about neuroplasticity of the brain.
4. Identify the difference between a trauma trigger and challenging behavior
5. Identify three strategies to support healing and to build resilience from trauma.
6. Apply one relationship, environment and self-regulation strategies to use with children to heal trauma.



Julie Kurtz, LMFT is a national speaker and expert consulting and training on trauma and social-emotional skills for early childcare professionals. She is a co-author of *Trauma-Informed Practices for Early Childhood Educators: Relationship-Based Approaches that Support Healing and Build Resilience in Young Children*. She is currently writing her second book in the trauma series on Self-Care for Early Childhood Providers.

She is the creator of the APP Trigger Stop: Sensory and Emotional Check-in designed specifically for children ages 3-8 years to promote sensory and emotional literacy and to support self-regulation.

In 2011, she was named as one of the most **100 Influential Woman of Silicon Valley** by the Silicon Valley/San Jose Business Journal.

She travels to Thailand each year working with youth in Thailand who are refugees from Myanmar (Burma) supporting them through the Brackett Refugee Education Foundation.

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Co-Author of *Trauma-Informed Practices for Early Childhood Educators: Relationship-Based Approaches that Support Healing and Build Resilience in Young Children*

https://www.amazon.com/dp/1138306398/ref=cm_sw_r_cp_api_fmFKBbHE9151E

Creator of the APP for children 3-8 years old to promote sensory and emotional literacy and to support self-regulation. Download Trigger Stop: Sensory and Emotional Check-in designed exclusively for android tablets and coming in August 2019 for all other platforms

<https://play.google.com/store/apps/details?id=com.juliekurtz.android.bodydraw&hl=en>

Click link to download APP

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